

MEDITATION SHEET - On Meditation

⁸ Keep this Book of the Law always on your lips;
meditate on it day and night,
so that you may be careful to do everything written in it.
Then you will be prosperous and successful.
Joshua 1:8 (NIV)

¹ How happy is the man
who does not follow the advice of the wicked
or take the path of sinners
or join a group of mockers!
² **Instead, his delight is in the Lord's instruction,
and he meditates on it day and night.**
³ He is like a tree planted beside streams of water
that bears its fruit in season
and whose leaf does not wither.
Whatever he does prospers.
Psalms 1:1-32 (HCSB)

⁹⁷ **How I love Your Law!
It is my meditation all the day.**
⁹⁸ Your commandments make me wiser than my enemies,
For they are ever mine.
⁹⁹ I have more insight than all my teachers,
For Your testimonies are my meditation.
¹⁰⁰ I understand more than those who are old,
Because I have complied with Your precepts.
Psalms 119:97-100 (NASB)

⁸ Finally, brothers and sisters, whatever is true, whatever is honorable,
whatever is right, whatever is pure, whatever is lovely,
whatever is commendable, if there is any excellence and if anything worthy of praise,
think about these things.
Philippians 4:8 (NASB)

